

Day	Time	Group Name	Class Overview
Mondays	4:30 - 5:30pm	Royal Minnies Ages 1-2	<p>Creative Movement</p> <p>This class focuses on music, motion, and exploration through simple dances, songs, and props. Little ones build coordination, balance, and confidence while moving alongside a caregiver in a happy, supportive environment.</p>
	5:45 – 6:45pm	Royal Elites Ages 9-12	<p>Advanced Hip Hop</p> <p>This class challenges dancers with dynamic choreography, musicality, and performance skills. Dancers will build strength, precision, and confidence while learning age-appropriate hip hop styles in a fun, motivating environment.</p>
	7:00 – 8:00pm	Adult Ages 18+	<p>Dance Fitness</p> <p>A fun, high-energy workout that feels like a dance party! This class blends upbeat music and easy-to-follow dance moves to get your heart pumping while building strength, coordination, and confidence. No dance experience needed—just come ready to move and have fun.</p>
Tuesdays	4:30 – 5:30pm	Royal Stars Ages 5-8	<p>Beginner Hip Hop</p> <p>A fun introduction to hip hop for young dancers! Our Hip Hop focuses on basic hip hop moves, rhythm, and coordination in a high-energy, encouraging environment. Dancers build confidence, musicality, and teamwork while having fun and expressing themselves.</p>
	5:45 – 6:45pm	Royal Elites Ages 9-12	<p>Beginner Jazz</p> <p>A great start for growing dancers! Our Beginner Jazz class introduces foundational jazz technique, basic turns and jumps, and fun, high-energy choreography. Dancers build strength, flexibility, and confidence in a supportive and upbeat environment.</p>

	7:00 – 8:00pm	Crown Collectives Ages 13-18	Advanced Ballet A focused, technique-driven class for dedicated dancers. Our Advanced Ballet class emphasizes strong classical technique, alignment, flexibility, and artistry. Dancers work on advanced barre and center work while developing discipline, strength, and expressive performance skills in a supportive environment.
Wednesdays	4:30 – 5:30pm	Little Royals Ages 2 – 3/11mo	Creative Movement A joyful class full of movement and imagination! Our Creative Movement class introduces young dancers to music and basic dance concepts through playful activities, songs, and props. Dancers build coordination, listening skills, and confidence while exploring movement in a fun, nurturing environment.
	5:45 – 6:45pm	Royal Stars Ages 5-8	Intermediate Hip Hop High-energy fun with the next level of moves! Our Intermediate Hip Hop class builds on basic hip hop skills with more challenging steps, rhythm, and choreography. Dancers improve coordination, confidence, and musicality while learning to perform with style in a fun, encouraging environment.
	7:00 – 8:00pm	Royal Adults/Seniors	Salsa Class Spice up your steps and have fun on the dance floor! Our Adults/Seniors Salsa class focuses on easy-to-follow steps, rhythm, and partner basics in a fun, welcoming environment. Perfect for all experience levels, this class builds coordination, confidence, and joy through lively Latin music and movement.

Thursdays	4:30 – 5:30pm	Royal Elites Ages 9-12	<p>Intermediate Jazz</p> <p>Level up your jazz skills with energy and style! Our Intermediate Jazz class for ages 9–12 builds on foundational technique with more complex turns, jumps, and dynamic choreography. Dancers develop strength, flexibility, musicality, and performance confidence in a fun, supportive environment.</p>
	5:45 – 6:45pm	Royal Elites Ages 9-12	<p>Advanced Ballet</p> <p>Refine technique and express your artistry! Our Advanced Ballet class focuses on strong classical technique, precise movements, and challenging choreography. Dancers develop strength, flexibility, musicality, and performance skills in a focused, supportive environment.</p>
	7:00 – 8:00pm	Crown Collectives Ages 13-18	<p>Advanced Jazz</p> <p>Take your jazz skills to the next level! Our Advanced Jazz class focuses on complex choreography, strong technique, and expressive performance. Dancers build strength, flexibility, precision, and stage presence in a high-energy, supportive environment.</p>
Fridays	4:30 – 5:30pm	Royal Sprouts Ages 4-5	<p>Creative Movement</p> <p>Explore, move, and imagine! Our Creative Movement class encourages young dancers to express themselves through music, props, and playful activities. Kids develop coordination, balance, and confidence while having fun in a nurturing, creative environment.</p>
	5:45 – 6:45pm	Royal Stars Ages 5-8	<p>Beginner Ballet</p> <p>A gentle introduction to ballet for young dancers! Our Beginner Ballet class teaches basic ballet positions, simple movements, and rhythm in a fun, supportive environment. Dancers build balance, coordination, and confidence while discovering the joy of dance.</p>

	7:00 – 8:00pm	Crown Collectives Ages 13-18	<p>Advanced Hip Hop</p> <p>Take your hip hop to the next level! Our Advanced Hip Hop class challenges dancers with complex choreography, sharp technique, and performance skills. Students build strength, precision, and confidence while mastering high-energy routines in a dynamic, supportive environment.</p>
	8:15 – 9:30pm	Adults 21+	<p>The Unwind – Heels Class</p> <p>Kick off your heels and let loose! Our Unwind Heels class is a fun, empowering dance session designed to relieve stress after work. Learn sassy moves, build confidence, and groove to upbeat music in a supportive, judgment-free environment.</p>